

Prayer & Fasting Strategy 2021

(Ready for Harvest)



Monday 11th January – Sunday 31st January 2021

Information Page

Message from Bishop Grandison

Message from Bishop Grandison As local pastor it is my absolute pleasure to embark with you on what is our first ever corporate 21 day prayer and fasting.

Jesus as many of you may know spent 40 days and nights in solitude fasting and praying as He was about to commence His ministry on earth.

Some of you may find the idea of a 21 day fast quite daunting but let me reassure you, the benefits far outweigh the initial teething difficulties you may experience. Like Jesus we will emerge from our 21 days, full of and controlled by the Holy Ghost (Luke 4:14).

God had most certainly brought us to a wide open field, with fruit of countless variety. As we devote these next 21 days to him in prayer it is our hope that we will be Ready For Harvest in 2021.

God bless you my West Croydon family
Bishop Claion Grandison

What is Fasting?

Fasting is the practice of abstaining from a thing [or things] for a specific reason or target. Regularly fasting is linked to giving up food and drink but it can be practiced in other areas too (E.g. Fasting from television).

The basic element of a fast involves giving up something meaningful. When we choose to give up anything that is of meaning to us, we open up room physically, mentally and spiritually in our lives. The key detail to fasting as a Christian is then allowing God to use that extra room. It is the literal version of denying the flesh to follow the spirit, for in a time of fasting, individuals purposely strip themselves of important things in their physical life and use the extra space to invest more focus into spiritual matters: Prayer, Word, Worship and Service.

Fasting Focus 2021

This year the focus of our fast is **Ready for Harvest** and we will be:

- Seeking God together in unity /A solemn assembly
- Searching for direction from the Lord as a Church
- Presenting our requests and needs to God corporately
- Preparing ourselves for whatever God is going to do in this upcoming year

The fast will be a food fast where we give up eating for a portion of each day (21 days).

Decide a start and finish time based on your personal situation and health needs – E.g. Fasting from waking up until 4pm.

Drinking throughout the day is advised (water, juices, smoothies etc.) particularly for those who haven't fasted before.

Prayer and Fasting is an opportunity to intercede before God (raise the needs of others). We have a responsibility to pray for those who may not be able to pray for themselves. Take the opportunity to write down and pray over the names of friends, family and any areas where you have concerns during this time of prayer and fasting.

Throughout the fast we encourage you to focus on these five different areas with each daily prayer:

Personal – Family – Church – Community – Nation

Things within the five main areas to consider

Personal: Health, Spiritual maturity, Hearing God's voice, Purpose in God

Family: Restoration in relationships, Salvation, Healing,

Church: Unity, Building relationships, The Elderly, Youth, Marriage

Community: Homeless, Projects, Local Government, Finance

Nation: Government, Key Workers, Emergency services

Week 1: Looking Back

We start our journey forward by ***Looking Back*** and reflecting on thanking God for taking us through 2020. We also take time in repentance for where we have been Luke warm and neglected to walk in the fire and power of God.

Monday 11 th January	Tuesday 12 th January	Wednesday 13 th January	Thursday 14 th January	Friday 15 th January	Saturday 16 th January	Sunday 17 th January
<u>Scripture:</u> Matthew 6:16-18	<u>Scripture:</u> Romans 3:23-26	<u>Scripture:</u> Psalm 118: 14 – 21	<u>Scripture:</u> Revelation 2: 4 - 5	<u>Scripture:</u> Ezekiel 14: 6 – 7	<u>Scripture:</u> Psalm 51: 7 – 12 Ezekiel 36: 26 - 27	<u>Scripture:</u> Jeremiah 4: 1 - 2
<u>Prayer points</u> - How to approach Fasting - Discerning the voice of God	<u>Prayer points</u> - Thanksgiving for Salvation through grace - Spiritual healing across the Nation	<u>Prayer points</u> - Thanksgiving for every blessing - The Elderly in isolation	<u>Prayer points</u> - Repentance - Healing for the sick	<u>Prayer points</u> - Identifying and laying down idols - Confusion over identity amongst the Youth	<u>Prayer points</u> - Restoration - Healing of mental health issues	<u>Prayer points</u> - Coming back to God - Re-establishing Christian marriages and families

Weekly Prayer Line Sessions				
Monday 7:30pm	Tuesday 7:30pm	Wednesday 7:30pm	Thursday 7:30pm	Friday 7:30pm

Notes:

Week 2: Make a Mark

Last week we reflected on where we've come from but now it's time for us to ***Make a Mark*** in the areas in our lives where we have been lacking and ask God to help us to think about and identify what we need to do differently for Him.

Monday 18 th January	Tuesday 19 th January	Wednesday 20 th January	Thursday 21 st January	Friday 22 nd January	Saturday 23 rd January	Sunday 24 th January
<u>Scripture:</u> Nehemiah 2:17	<u>Scripture:</u> Proverbs 3: 1 - 6	<u>Scripture:</u> James 1: 22 - 25	<u>Scripture:</u> John 4: 24	<u>Scripture:</u> Colossians 3:16	<u>Scripture:</u> Joshua 23: 16	<u>Scripture:</u> Joshua 24: 1 - 28
<u>Prayer points</u> - Rebuilding the Walls - Wisdom for the UK Government	<u>Prayer points</u> - Developing a Prayer Life - Hunger to go deeper in God	<u>Prayer points</u> - Reading and the Word - Strategy for local projects	<u>Prayer points</u> - Worshipping God - Fresh God encounters amongst young people	<u>Prayer points</u> - Building the Church - Coming together in the Church	<u>Prayer points</u> - Serving God - Salvation for family	<u>Prayer points</u> - Renewed Covenant with God - Revival in the UK

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Week 3: Prepared to Pour

Last week we focused on what we need to do differently so we are ***Prepared to pour***. In our final week we are becoming ready for where God will lead us this year and committing to building God's Kingdom in faith and confidence.

Monday 25 th January	Tuesday 26 th January	Wednesday 27 th January	Thursday 28 th January	Friday 29 th January	Saturday 30 th January	Sunday 31 st January
<u>Scripture:</u> Genesis 35: 9 - 15	<u>Scripture:</u> Deuteronomy 10:11	<u>Scripture:</u> Luke 10: 3 - 9	<u>Scripture:</u> Acts 1: 8	<u>Scripture:</u> Acts 2: 42 - 47	<u>Scripture:</u> 2 Thessalonians 3: 5	<u>Scripture:</u> John 4: 34 - 35
<u>Prayer points</u> - Renamed/Changed - Favour amongst other Nations	<u>Prayer points</u> - Go Possess - Solutions related to local crime (gang violence, human trafficking)	<u>Prayer points</u> - Be Labourers - Support for local business	<u>Prayer points</u> - Receive Power - Repositioning of the Church in Croydon	<u>Prayer points</u> - CommUnity - Wisdom with Church resources	<u>Prayer points</u> - Direct Us in Love - Loving the unlovable	<u>Prayer points</u> - The Harvest is Ready - Boldness, faith and courage to engage

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